



DISCOVER THE BEAUTY  
OF MACEDONIAN LAKES & RIVERS

PADDLE ON THE WAVES OF EXCITEMENT





*Welcome to kayak adventures!*

WHEN WE HIT THE WATER, IT'S NOT JUST ABOUT THE THRILL OF THE RIDE – IT'S ABOUT RESPECTING THE ENVIRONMENT THAT SURROUNDS US, BECOMING PART OF IT, MAKING THE JOURNEY REWARDING.

I ENCOURAGE OUR ADVENTURERS TO STRIVE FOR EXCELLENCE IN THEIR SKILLS, FOSTERING PERSONAL GROWTH AND ACHIEVEMENT ON AND OFF THE WATER.

AS AN OLYMPIC KAYAK SLALOM ATHLETE REPRESENTING MY COUNTRY AT FOUR OLYMPICS, I BRING THE SAME VALUES TO OUR KAYAK ADVENTURES THAT I'VE UPHELD IN MY ATHLETIC CAREER: RESPECT, EXCELLENCE, AND FRIENDSHIP.

WE ARE ENSURING EVERYONE FEELS VALUED AND RESPECTED ALONG THE JOURNEY. REGARDLESS OF BACKGROUND OR SKILL LEVEL, EVERYONE IS NOT JUST PART OF THE TEAM, BUT HOPEFULLY ALSO A FRIEND.

JOIN ME ON THE WATER, WHERE WE PADDLE WITH PURPOSE AND THRIVE IN THE GREAT MACEDONIAN OUTDOORS.

*Lazar*

# WE ♥ KAYAKING

## WHAT IS KAYAKING?

Kayaking is a type of activity that uses a double-bladed paddle to move through water in a vessel called kayak. Kayaking can be recreational or competitive.

**We can teach you both.**

## WHY KAYAKING?

It's fun and exciting.

It's a life-changing experience. It transforms your body. It's slow and fast, or just the way you like it.

**You set the pace.**

## WHO IS KAYAKING?

You.

With our experienced team of professionals, we'll teach you how to navigate the boat and stay safe on the water.

**You master a skill.**

## WHERE ARE WE KAYAKING?

In the Matka Canyon, 15 km away from the capital, Skopje. You will experience the beautiful scenery of mountains, the River Treska and the Lake Matka.

**Enjoy the beautiful landscapes.**





# KAYAK ADVENTURES FOR ALL

Welcome to Kayak Adventures, the first company to provide a full array of recreational kayak activities, offering capacity and skill building while having fun and staying safe on the water.

We incorporate the core **values of the Olympic Movement** into your kayak adventure.

WE ♥ KAYAKING

## RESPECT

We emphasize the importance of respecting nature and the environment during kayak adventures, including Leave No Trace principles and wildlife conservation.

We respect fellow adventurers, tourists and locals during trips. By upholding the principles of **fair play, honesty, and integrity** in all interactions, we ensure that everyone feels valued and respected during their kayak adventures.

## EXCELLENCE

We are committed to delivering exceptional kayak adventures that exceed customer expectations in terms of **safety**, instruction and overall experience.

The quality of our work from guided **training** to equipment maintenance, reflects our dedication to provide the best possible **experience**.

We encourage our clients to strive for excellence in their kayaking skills and outdoor pursuits, fostering personal growth and achievement.

## FRIENDSHIP

We create a **welcoming and inclusive** atmosphere where friendships and connections among fellow adventurers are built.

By fostering a sense of camaraderie and mutual respect among participants, regardless of their background or skill level, we stand-by the idea that kayaking adventures are not just about the destination but also about the journey, the **friendships and memories** made along the way.



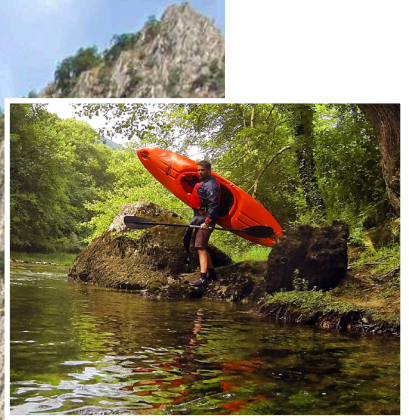




KAYAK ADVENTURES  
SEASON 2024  
MATKA CANYON

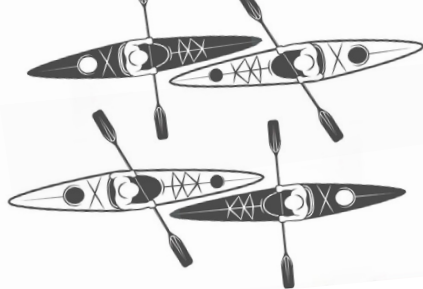
ADVENTURES FOR ALL  
TICKET TO RIDE

KAYAK TEAM BUILDING  
KAYAK WORKSHOP  
KAYAK SCHOOL  
KAYAK PICKNICK  
KAYAK LIMITED



# KAYAK TEAM-BUILDING

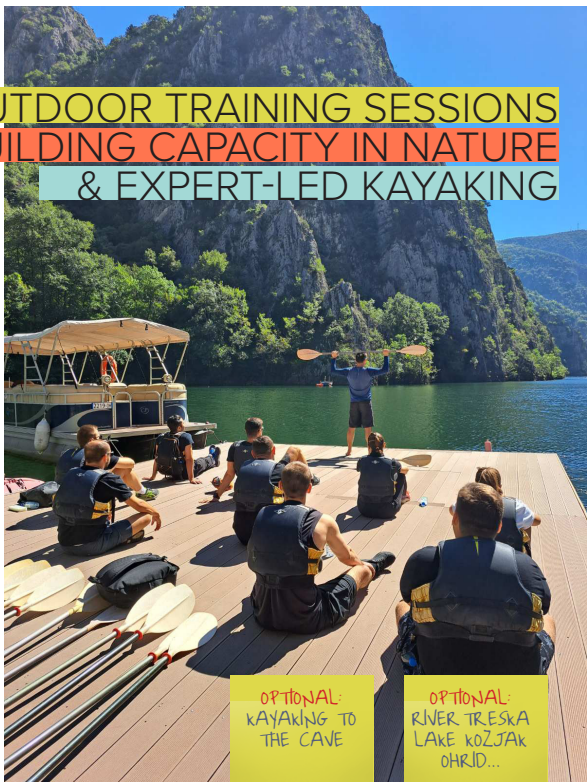
NAVIGATING THE CHALLENGES OF THE DYNAMIC WORK ENVIRONMENT, ASKS FOR UNIQUE TEAM-BUILDING EXPERIENCE THAT IS BOTH REFRESHING AND **TRANSFORMATIVE**.



## ALL OF OUR TAILOR MADE SESSIONS INCLUDE:

MATKA -\*

### OUTDOOR TRAINING SESSIONS BUILDING CAPACITY IN NATURE & EXPERT-LED KAYAKING



BASIC KAYAK HANDLING AND WATER SAFETY TRAINING WITH EXPERIENCED INSTRUCTORS (WE ARE NO STRANGERS TO CORPORATE LIFE)

WATERSPORT GAME SESSIONS: BOAT AND PADDLE

LEARNING BY DOING EXERCISES TO EMBED KEY SKILLS AND VALUES

OPTIONAL: KAYAKING TO THE CAVE

OPTIONAL: RIVER TRESKA LAKE KOZJAK OHRID...

TEAM-BUILDINGS ~ NATURE RETREATS ~ GREEN MEETINGS ~ INFORMAL TRAININGS

## BASIC PACKAGE AND EQUIPMENT

GROUP UP TO 5	1 INSTRUCTOR	1-2 HOURS	BOYANCY	DOUBLE-BLADE PADDLE	SINGLE & DOUBLE SEAT
GROUP 5+	2+ INSTRUCTORS	1-2 HOURS			

RECOMMENDED FOR: **ORGANIZATIONS & COMPANIES**



AT THE  
RIVER TRESKA  
:\*

## PROFESSIONAL INSTRUCTION LIFE SKILLS & VALUES SAFETY AWARENESS



THE NATURE TRAINS THE BODY AND CLEARS THE MIND. NAVIGATING DOWN THE RIVER STREAMS, REACHING THE BOTTOM OF THE GREEN CANYON, AND RELAXING ON THE CRISTAL WATER IN THE **KAYAK IS UNIQUE EXPERIENCE**. IT'S STARTS WITH THE FIRST STROKE AND ENDS WITH A SMILE.

OPTIONAL:  
TRANSPORT

OPTIONAL:  
INDIVIDUAL  
COACHING

OPTIONAL:  
RIVER TOUR  
MATRA-SARAJ

FUN FOR **BEGINNER** ADVENTURERS ~ SLALOM FOR **EXPERIENCED** ~ KAYAK FOR ALL  
**BASIC PACKAGE AND EQUIPMENT**



GROUP **2-6**



**1** INSTRUCTOR



**1-2** HOURS



BOYANCY



DOUBLE-BLADE PADDLE



SINGLE & DOUBLE SEAT

RECOMMENDED FOR: **FRIENDS & FAMILIES, SMALL GROUPS OF COWORKERS...**

# KAYAK SCHOOL



OUR KAYAK CLASSES ARE FOCUSED ON SAFETY, DISCIPLINE, LEARNING NEW SKILLS AND HAVING FUN!



KAYAKING INCREASES CONFIDENCE AND SELF-WORTH. MAKING NEW FRIENDS IS A BONUS!

WHERE ADVENTURE MEETS RESPONSIBILITY  
RECREATION AND YOUTH DEVELOPMENT  
FUN, FRIENDS AND FEELING GOOD

**PADDLE, LEARN, GROW** - FUN AND EXCITING WAY TO LEARN ABOUT WATER SAFETY, TEAMWORK, AND ENVIRONMENTAL AWARENESS WHILE BUILDING NEW SKILLS, CONFIDENCE AND RESILIENCE. SAFETY IS ENSURED BY PROFESSIONAL INSTRUCTORS AND MANDATORY EQUIPMENT.

NON-FORMAL "SUMMER KAYAK SCHOOL" ~ KAYAK CAMP ~ DYNAMIC LEARNING ~ SPORTS  
**BASIC PACKAGE AND EQUIPMENT**



GROUPS 3-10+



1+ INSTRUCTOR



1-2 HOURS



BOYANCY



DOUBLE-BLADE PADDLE



SINGLE & DOUBLE SEAT

RECOMMENDED FOR: **ALL TYPES OF CLUBS, YOUTH CENTERS, AFTER-SCHOOL PROGRAMS**

MINIMUM AGE: **8**

REQUIRED SKILL: **SOLO SWIMMER**



PERFECT BLEND OF WILDERNESS WITH EASY ACCESS TO THE NEARBY TRAILS AND MONUMENTS. THE GROUPS ENJOY ACTIVITIES IN THE CANYON: **WALKING, PADDLING, SUNBATHING, MAKING CAMP FOR THE DAY, SERVING WATER AND FOOD.** PADDLE AND RELAX UNDER THE WATCHFUL EYE OF OUR INSTRUCTORS



**QUALITY OUTDOOR TIME**  
**KAYAK AND SUP ADVENTURES**  
**SURVIVAL SKILLS & SOCIAL ACTIVITIES**

POPOVSKI KAYAK ADVENTURES IN MAVROVO \*



OPTIONAL: TRANSPORT

OPTIONAL: INDIVIDUAL COACHING

OPTIONAL: RENT-A-KAYAK



ON DEMAND



**KAYAK LIMITED**



AT THE KOZJAK LAKE \*



**KAYAK & RAFTING**  
**ADRENALINE ADVENTURES**

# KAYAK ADVENTURE **GUIDELINES & REGULATIONS**

## RULES FOR PARTICIPANTS IN KAYAKING OR RAFTING ACTIVITIES:

- During rafting, kayaking or sea kayaking, you are required to follow the rules of your rafting guide or kayak instructor
- You must wear the provided safety equipment (life jacket and helmet) throughout the course with rafts or kayaks
- You must wear a life jacket throughout the sea kayaking course
- We expect you to be healthy, to be able to swim, and not under the influence of alcohol or other psychoactive substances
- Drinking alcohol during sports activities is forbidden
- Kayak Adventures reserves the right to refuse the participation in sports activities to people showing signs of alcohol intoxication or psychoactive substance abuse
- If you have any health issues or are pregnant, please let us know before engaging in sports activities

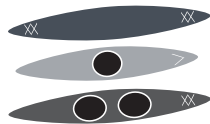
## KAYAK BACKPACK

### PROPER DRY CLOTHING

SPARE T-SHIRT & BOTTOMS  
SOX & SLIPPERS / SANDALS  
WATER BOTTLE  
SUN CREAM



## WE PROVIDE



PROFESSIONAL INSTRUCTORS: **KAYAK, RAFTING & SUP**

EQUIPMENT: **VESTS, HELMETS, KAYAKS, PADDLES**



KAYAK Adventures

## KAYAK ADVENTURE EVENTS

D-FESTIVAL  
DOJRAN



KIRE LAZAROV  
SPORTS CAMP  
OHRID



WHEN IN KRUSHEVO  
KRUSHEVO



## MEET OUR CLIENTS

- AMERICAN EMBASSY (SKOPJE)
- ITALIAN EMBASSY (SKOPJE)
- WIK - MACEDONIA
- WISHCODMC
- HIGH SCHOOL VEDRA
- QSI
- DOXTEAM
- EMAPTA MACEDONIA
- INFINIUM TEAM
- OPEN GI
- PUBLICIS MEDIA MMS COMMUNICATIONS
- PWC SKOPJE
- PROTONLABS SKOPJE
- SZU GMBX SKOPJE
- PHARMANOVA SKOPJE
- RED CROSS SKOPJE

## MEET OUR PARTNERS

- ALMATA PRIMA  
KAYAK RENTAL AND BOAT TOURS
- NAUTIKUS / BRP - CAN-AM MACEDONIA  
MOTORCYCLES & SCOOTERS
- KAYAK-SHOP.SI
- FACULTY FOR PHYSICAL EDUCATION,  
SPORT AND HEALTH
- SOFTAGE MACEDONIA  
IT SERVICES AND IT CONSULTING



### KAYAK ADVENTURES MACEDONIA

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## POPOVSKI LAZAR SPORTING HIGHLIGHTS



- DISCIPLINE K-1 SLALOM
- 4 TIME OLYMPIAN BARCELONA, ATLANTA, SIDNEY, ATHENS
- FLAG BEARER SIDNEY OLYMPIC GAMES
- BRONZE MEDALIST PRE-EUROPEAN CHAMPIONSHIPS 1997



### CERTIFICATE OF RECOGNITION

Presented to:

**LAZAR POPOVSKI OLY**

In recognition of your achievement as an Olympian  
you are granted use of the post-nominal letters OLY,  
to signify your ongoing role in society as an Olympian,  
living and promoting the Olympic values.

Signed:

Bill Bevan OLY, WOA President

WORLD OLYMPIANS ASSOCIATION  
SERVICE TO HUMANITY. SERVICE TO SOCIETY.

## CONTACT

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